



Respiratory illnesses and their management

Background & aim:

Chronic respiratory conditions affect almost one-third (31%) of Australians. Of the estimated 7.4 million Australians with these conditions, 4.7 million (19% of the total population) had allergic rhinitis ('hay fever'); 2.7 million (11%) had asthma and 2.0 million (8.4%) had chronic sinusitis. Since commencement of seasonal surveillance in April 2022, there have been 1,763 hospital admissions due to influenza reported across sentinel hospitals sites, of which 6.8% were admitted directly to ICU. These issues can be easily managed by homoeopathy that can help prevent severity of the disease, hospitalisations and deaths. In this paper I intend to share case studies where similar respiratory issues are managed with homoeopathy. This has thus helped curtail long antibiotic courses, chronic allergies and hospitalisations.

Key points:

Homoeopathy shows incredible results in respiratory allergies and infections. I will be sharing a study of 20 patients of various age groups that show homoeopathy can help cure respiratory infections without any support of modern medicine.

Conclusion:

All of these cases were managed with homoeopathy alone. Each one of them were cases that needed quick attention or they would either be put on modern medicine or hospitalisation. Being one of the most common illnesses affecting children and adults, mastering these cures with homoeopathy would abundantly help Australia and its people! We must tackle each and every case that comes to us and help avoid any serious ramifications with the help of homoeopathy.